

# Battle Run 2025 – Registration, Race & Scoring Process

## Individual 5K

### 1. Registration & Bib Collection

- Register inside the venue at the Battle Run Registration desk.
- If you registered before the t-shirt deadline, you'll receive your athlete t-shirt here.
- Collect your numbered bib, which also contains your timing chip.
- We'll provide safety pins, but feel free to use your own clips if you prefer.
- Write your name or a short message of dedication on your bib if you'd like!

### 2. Race Format

- The 5K race follows a multi-lap course—each lap is 500m, so you'll complete 10 laps.
- The course starts inside the RDS, then heads outside.
- Battle Run volunteers will track your laps and notify you when you're on your final lap.

### 3. Finishing & Scoring

- Once you finish, head back to Battle Run Registration to scan the QR code and view your time.
- Submit your time and fundraising total to be added to the Leaderboard.
- Scoring = Race Time (fastest is best) + Fundraising Points (€/£/\$1 = 1 point).

### 4. Celebrate Your Finish

- Stop by the Battle Cancer Finishers' Wall for your official race photo!
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## 10K Pairs Relay

### 1. Registration & Bib Collection

- Register inside the venue at the Battle Run Registration desk.
- If you registered before the athlete t-shirt deadline, you'll receive your athlete t-shirt here.
- Collect your numbered bib—each athlete will have their own number and timing chip, allowing you to track individual splits as well as your total team time.
- We'll provide safety pins, but feel free to use your own clips if you prefer.

### 2. Race Format

- The 10K relay consists of 20 laps (500m per lap), split between teammates however you choose.
- The course starts inside the RDS before heading outside.
- Battle Run volunteers will track your laps and notify you when you're on your final lap.

### 3. Changeovers & Holding Pen Rules

- Changeovers **MUST** take place in the teams' designated Holding Pen, located just after the start line and timing belt.

- Runners may not switch at any other point on the course.
  - To tag in your teammate, make clear contact with a high five or touch of the hand.
  - The waiting runner will have a partial view of the outdoor course to watch their teammate approach.
  - The Holding Pen also provides space to warm up and leave bottles/layers—please be mindful of other teams and keep to your pair's area.
- 4. Finishing & Scoring**
- Once you finish, head back to Battle Run Registration to scan the QR code and view your team's total time.
  - Submit your time and fundraising total to be added to the Leaderboard.
  - Scoring = Race Time (fastest is best) + Fundraising Points (€/£/\$1 = 1 point).
- 5. Celebrate Your Finish**
- Stop by the Battle Cancer Finishers' Wall for your official race photo with your teammate!
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## **15K Team of Four Relay**

- 1. Registration & Bib Collection**
- Register inside the venue at the Battle Run Registration desk.
  - If you registered before the athlete t-shirt deadline, you'll receive your athlete t-shirt here.
  - Collect your numbered bib—each athlete will have their own number and timing chip, allowing you to track individual splits as well as your total team time.
  - We'll provide safety pins, but feel free to use your own clips if you prefer.
- 2. Race Format**
- The 15K relay consists of 30 laps (500m per lap), split between teammates however you choose.
  - Only one runner may be on the course at a time.
  - The course starts inside the RDS before heading outside.
- 3. Changeovers & Holding Pen Rules**
- Changeovers **MUST** take place in the teams' designated Holding Pen, located just after the start line and timing belt.
  - Runners may not switch at any other point on the course.
  - To tag in your teammate, make clear contact with a high five or touch of the hand.
  - The waiting runners will have a partial view of the outdoor course to watch their teammate approach.
  - The Holding Pen also provides space to warm up and leave bottles/layers—please be mindful of other teams and keep to your team's area.
- 4. Finishing & Scoring**

- Once your team completes all 30 laps, head back to Battle Run Registration to scan the QR code and view your total team time.
- Submit your time and fundraising total to be added to the Leaderboard.
- Scoring = Race Time (fastest is best) + Fundraising Points (€/£/\$1 = 1 point).

**5. Celebrate Your Finish**

- Gather your team and stop by the Battle Cancer Finishers' Wall for your official team race photo!